

FAMILY AND SOUL CONSTELLATION THERAPY

Family and soul constellation therapy is revolutionary work founded by Bert Hellinger. It is a necessary tool for healing, especially when all else has failed. It helps us make huge shifts when we have been stuck.

Who benefits from this work? Certainly, we all do, but especially we benefit when we struggle with issues which are extremely relevant to ourselves.

Do you struggle with depression? Do you have failed relationships and don't know why, and can't seem to do things differently? Do you have issues related to eating: over concern with what you eat, allergies, over-eating, binging and purging? Do you suffer from anxiety and can't seem to find a way out? Do you have a chronic illness and wonder how and if you will ever feel good again? Do you have trouble having a successful business? Do you struggle with financial success? Do you have debilitating head aches, or back aches? All of these questions, and more concern so many of us.

With these questions and issues comes the feeling that we are disconnected, or in a trance, where we can't figure out where this is coming from, and can't seem to do things any differently. We can't figure out the cause of these problems, and we go from practitioner to practitioner.

There is a solution, and it is within this revolutionary work. It is revolutionary because it deals with our souls and the souls of our ancestors, and not just our physical bodies. It is revolutionary because our concern becomes more than with ourselves. Our concern is with our family members, past, present, and future, and whether we know them or not. It is revolutionary because the solution deals with consciousness instead of unconsciousness, and with new images replacing old images and gaining a greater perspective into our relationships, and the relationships of our ancestors.

The solution comes with seeing how we sometimes carry the burden of our ancestors as though it were ours, blindly; without knowing. It comes with seeing how we are blindly loyal to a certain family member by carrying their pain or illness or depression, as if it were ours. For example: there is the woman who rejected her mother because she perceived her as being distant and hurtful to her. It is revealed through the constellation that her mother was distant to protect herself from further pain because of the lost first child which died at birth. The daughter then can't succeed in having a child.

There is the man who carries such sadness, and doesn't know why, and it is revealed that his father blamed himself for the loss of his comrades in war.

In an instant, this new intrinsic image replaces old ones, and compassion enters our hearts for our parents, in this case. This is so powerful, and so true.

So, now we feel relief from our pain, and we can experience joy, where we experienced sadness. We can experience intimacy in relationships, we can allow ourselves to feel good instead of pain, etc.

So what if you could free yourself from old patterns and destructive behaviors?

If you are ready to learn how unconscious loyalties keep you from achieving your heart's desires, and how invisible patterns and destructive loyalties can be replaced with clear insights that can profoundly impact happiness, joy, health, and relationships, then tune

into this work. There are many facilitators around the country trained in this revolutionary work. One such facilitator is Gail Cloud, D.C. she is located in St. Louis, MO., and is available for presentations, workshops, individual and group work. Contact her at: 314-995-9755, and gail@gailcloud.com to find out more about her and her unique way of working and combining Constellation work and Chiropractic, Body Healing. You can also check out the web site: www.hellinger.com ; and hellinglearningcenter.com; and familyconstellationswest.com
Here is to health, happiness, success, and all our dreams!